



# DRESS REQUIREMENTS

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## GENERAL GUIDELINES

- All dancers should wear cover-up clothing when coming to and leaving class. Please don't send your dancer through the parking lot or the hallways of the facility in their leotard.
- **DANCE SHOES MAY NOT BE WORN OUTSIDE.** It will ruin your shoes quickly and will track oils and other dangerous materials onto our dance floors.
- Underwear is NOT to be worn under leotards. Leotards and tights have a cotton panel, similar to a swimsuit.
- Appropriate dance undergarments may be purchased from Ballera. No visible bra straps.
- Only small earrings allowed in class. All other jewelry needs to be removed prior to class.
- Hair must be worn in a neat bun for all ballet classes.
- Hair must be pulled back neatly and securely from the face for all other dance classes (ponytails are ok).

## Modern, Contemporary, & Jazz

For class, students may wear fitted warm-ups over leotard and tights or modest dance/athletic wear (t-shirt or tank & leggings, etc.) Hair must be pulled back neatly and securely from face.

**Shoes:** Modern class is taken barefoot; tights must be convertible.

Contemporary & Jazz: Jazz shoes are optional; ballet shoes may also be worn.

**\*Students must purchase the following by December for performances:**

- Flesh colored camisole leotard of your choice for under costumes.
- Contemporary/Jazz students *may* be required to purchase jazz shoes for performance. More details will be given.

## Hip Hop

Modest and comfortable athletic wear of your choice may be worn to class with hair pulled back neatly and securely from face. T-shirts must be long enough to raise arms and have belly covered, with athletic pants or leggings.

- **SHOE REQUIREMENTS: Dance shoes are required to protect our dance floors. NO Street Shoes.**

**Minis & Juniors - Black and white Converse-style LOW top sneakers**

**Teens & Advanced - Black and white Converse-style HIGH tops**

**Dance shoes may not be worn outside or to school. It will track oils and other dangerous materials onto our dance floors. You will change into your dance shoes in the hall outside the dance studio.**

Converse brand can be found at DSW, Shoe Carnival, Walmart and Kohl's.

Target, Walmart, and Discount Dance have some options for similar style shoes at less cost.

- **Students must purchase black pants by December for performance. More details will be given.**

## Boys & Young Men's Movement

Modest and comfortable athletic wear of your choice may be worn to class. T-shirts must be long enough to raise arms and have belly covered, with athletic shorts or pants. Long hair should be pulled back from face.

- **SHOE REQUIREMENTS: Dance shoes are required to protect our dance floors. NO Street Shoes.** Black slip-on jazz shoes are required.
- Students *may* be required to purchase black pants for performance. More details will be given.

## Adult Classes/ Mommy & Me

Modest and comfortable dance/athletic wear of your choice with hair pulled back neatly from face. T-shirts must be long enough to raise arms and have belly covered, with tights or leggings. Shoes: Ballet shoes are required for Adult Ballet classes. Barefoot or socks for Adult Modern & PSM. Ballet slippers or bare feet for Mommy & Me. \*These classes do not perform in the Spring Showcase.



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## Ballet Attire

Each class level is assigned a different leotard. Please see the chart below for specific color and style. We use matching leotards as a base for costumes later in the year. We want to be sure the shoes, tights, and leotard brands we choose are of high quality and will wear well.

- **Tiny Tots through Ballet 6A must wear their class leotard for every class.**
- **Ballet 6B through Conservatory levels must have the tank style class leotard purchased for performance, but may also wear additional styles of their choice in black during the week, as they have multiple classes.**

## Where to Purchase Attire:

- We partner with Ballera Dance in Brookfield to provide a local retailer for ALL your dance needs!
- Leotards as listed in the chart below can be tried on and purchased at Ballera.
- Tights (Bloch tights in “pink,” or Capezio tights in “light pink”) can be purchased at Ballera, either full footed or convertible. Convertible tights are required for Ballet 6 and up.
- Shoes: Pink ballet shoes should be **fitted** and purchased locally at **Ballera Dance in Brookfield**. The brand “Bloch” should be purchased in the style according to the chart below.

## LEOTARDS

Class	Leotard to be purchased at Ballera Dance in Brookfield
Tiny Tots & Primary Ballet	DanzNMotion “Paquita”- Pink short-sleeve tutu dress
Ballet 1	Mirella M201C- Light Blue camisole leotard
Ballet 2	Mirella M201C- Lilac camisole leotard
Ballet 3	Mirella M201C- Royal Blue camisole leotard <span style="float: right;">Adult Sizes: M201L - Royal</span>
Ballet 4	Mirella M201C- Burgundy camisole leotard <span style="float: right;">Adult Sizes: M201L - Burgundy</span>
Ballet 4- Teen Class	So Danca SL06/SL07 Burgundy tank basic leotard
Ballet 5	So Danca SL06/SL07 Celestine Blue tank basic leotard
Ballet 6A	So Danca SL06/SL07 Raspberry tank basic leotard
Ballet 6B/7 Ballet 8	<p><b>*Must have for performance:</b>  <b>NEW- Capezio Pinch Front V-Neck Tank leotard- SE1008W Black.</b>  <b>Flesh colored camisole leotard of your choice for under costumes.</b>            Additional styles of your choice in <b>black</b> are acceptable for class. No halter top style leotards, revealing mesh fronts, or super low backs.</p> <p><b>Skirts:</b> Only black short wrap (Mirella MS12) or black bullet style skirts are acceptable for class.</p>

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<b>Conservatory 1 &amp; 2</b>	<p><b>*Must have for performance:</b>  <b>NEW- Capezio Pinch Front V-Neck Tank leotard- SE1008W Black</b>  <b>Flesh colored camisole leotard of your choice for under costumes.</b></p> <p>Additional styles of your choice in <b>black are acceptable for classes Monday-Thursday.</b>          No halter top style leotards, revealing mesh fronts, or super low backs.</p> <p><b>Conservatory classes only may wear a leotard of their choice of color and/or pattern on Fridays &amp; Saturdays and to dance conferences.</b> Guidelines will be given for any Master Class specific to the guest teacher’s preference.</p> <p><b>Skirts:</b> Short wrap (Mirella MS12) or bullet style skirts in a solid color are acceptable for class; black is preferred.</p>
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## SHOES Shoes should be fitted and purchased at Ballera Dance in Brookfield.

Tiny Tots – Ballet 4 Slippers:	<b>Pink leather full-sole shoes</b> in the brand Bloch are required. Shoes should fit snugly with no “room to grow”. (Shoes from Target, Walmart, Amazon, or cotton shoes that mimic dance slippers are not acceptable.)
Ballet 5 – Conservatory 2 Slippers:	Students may transition to a <b>split-sole or canvas slipper option</b> , if desired, when they begin Ballet 5. Shoes should fit snugly with no “room to grow”. The brands Bloch or Capezio are preferred.
Ballet 7- Conservatory 2 Pointe Shoes:	Pointe shoes are allowed only by instructor permission after years of ballet training. Students are eligible to begin pointe in Ballet 7 and will be told when to purchase their shoes. The first pair of pointe shoes is purchased as a class and is a special day that everyone looks forward to. We do not require a certain brand of pointe shoes, but believe each dancer should be fitted according to their unique needs as a dancer.

## WARM-UP GUIDELINES

**No leg warmers, socks, or pants. No Hoods or bulky sweaters in class.**

**Warm-ups will be removed after barre or upon teacher request.**

Acceptable warm-up wear is available from Ballera Dance:

Ballet 4 – Conservatory only: Shorts & Skirts	<p>Black Hipster Capezio Dance Shorts (TB113/TB113C) may be worn over leotard for modesty. These are available at Ballera Dance and are not required. Similar styles of acceptable dance shorts may also be available.</p> <p><b>Skirts are not allowed in class until a dancer begins Ballet 7. Options listed above.</b></p>
Tiny Tots – Ballet 4: Sweaters:	<p>Ballet sweaters should be black or light pink only, and must be form fitting to the body. Sweaters must tie in the back...little hands get distracted easily. No buttons.</p> <p>Capezio Girls Warm-Up Wrap Top (Style #CC850C) in black or pink would be an excellent choice.</p>
Ballet 5 – Conservatory 2 Dance Jackets:	<p>Acts Dance black zippered athletic jackets are preferred. Additionally, tight fitting black or grey dance/athletic jackets of other brands are acceptable. <b>No Hoods or bulky sweaters in class.</b> Only black leggings may be worn for warmth. Only Acts Dance T-shirts are approved for ballet &amp; modern warmup.</p>